

THE BURTON BOROUGH SCHOOL

A Specialist Arts College



"We expect excellence"

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Our Ref: MO/KW

13 July 2009

Dear Parents/Carers

SCHOOL HEALTH ISSUES

As part of student support and relationships and sex education, the PCT have proposed some suggestions which have been presented to the Burton Borough School governors and about which we would like to inform parents.

The proposals form part of a full educational programme which encourages and develops a well informed and responsible attitude to Sexual Health and information which is delivered through Personal, Social and Health Education (PSHE).

For the past two years we have been able to provide weekly access to professional health colleagues, who have been able to guide, inform and support our students in a wide range of personal health issues. The latest support firstly offers the opportunity to receive information and counselling about Safe Sex, and encourages students to take a mature and thought-out attitude to the use of condoms, if and when they decide to become sexually active. The PCT has a scheme which involves making available a C-card which entitles them to free condoms, with a numbered card so that mis-use can be monitored.

Secondly, the PCT would like to make students more aware of the dangers of STD infections, such as chlamydia, which is causing much concern in the medical world since it is very hard to detect and is causing infertility amongst a growing percentage of young people. Alongside delivering specific information to students via KS4 PSHE lessons about STIs, the PCT are preparing to offer a chlamydia test (via a urine sample) to students who seek advice after unprotected sex.



INVESTOR IN PEOPLE



Finally, there is the "Maybe Baby Programme". This is a seven week programme which encourages girls to understand and reflect more fully on the responsibilities and demands of looking after a baby. The students (who can choose to opt into the programme and others who might be encouraged to do so) are led through a lot of information about looking after a baby, - diet, care, development etc - and finally are given a pre-programmed (dummy) baby to take home and look after for a weekend. The national data suggests that this programme is effective in reducing teenage pregnancies, so our young people can make healthy and informed choices.

I hope you find this letter informative and that these proposals are seen within a broad and carefully structured programme of Sexual and Health education.

Yours sincerely

M F Osborne
Deputy Headteacher