



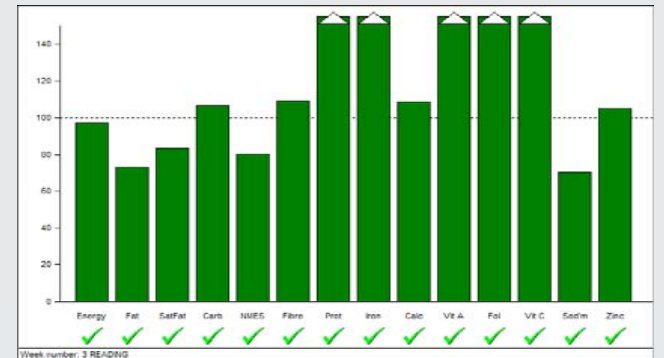
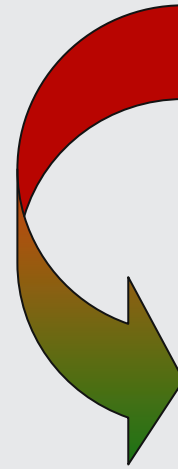
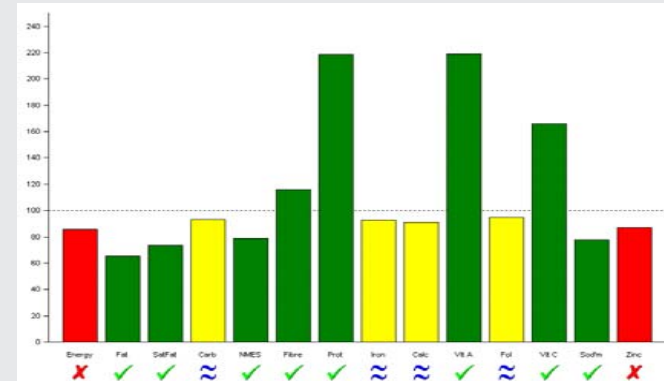
Jump on board Take a ride to the healthier side

Our school lunches now have to meet 14 nutrients

This is the law and those lunches that do not meet the new nutrient based standards are breaking the law!



Non-compliant lunch



Compliant lunch



Jump on board Take a ride to the healthier side

Nutrient Based Standards

Your school lunch now is measured for 14 nutrients

Minimum standards have been set for certain nutrients

Too little can be harmful

Some nutrients have maximum standards

Too much can be harmful

School Meals are changing
Don't get left behind!

Carbohydrate	Minimum standards are set for these nutrients.
Protein	
Fibre	
Folate	
Vitamin C	
Vitamin A	
Calcium	
Iron	
Zinc	
Energy	Maximum standards are set for these nutrients
Fat	
Saturated fat	
NME sugars	
Sodium	

EAT

LEARN

LIVE